



YOSHON QUICK REFERENCE GUIDE 5787

Current as of October 15, 2026



The *yoshon* season has begun. Dates are based on information from the listed companies and their *hashgachos*. Dates are based on the following: FOR PRODUCTS agreed to by all the relevant kashrus agencies: **Pasta, Durum & Semolina Products**: 9-9-26. All other **Wheat & Oat Products**: 10-1-26. Barley: TBD. (All TBD can be assumed *yoshon* until at least 11-1-26.) For products not listed here, visit yoshon.com.

INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- Malt**
- Wheat Germ**

INGREDIENTS NOT OF CONCERN

- Spelt** (in/from USA and Canada)
- Maltodextrin** (USA only; Europe may be *chodosh*)
- Rye**
- Food Starch**
- Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 - Rabbi O.Y. Westheim of Manchester
 - Kedassia of London
 - Rabbi Schneebalg
- Soy, Teriyaki and Tamari Sauces** | **Bulgur Wheat**

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED

(If purchased after, see the next section.)

- Soft FRESH baked goods** (bread, rolls, bagels, pizza, soft pretzels – 9-11-26)
- Soft PACKAGED baked goods** – 10-1-26
- Noodles and Pasta** – 9-9-26
- Barley** – 10-15-26
- Oats** – 10-1-26
- Malt** – TBD
- Beer** – TBD

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2746), represent the **Julian** date (274 is the day and 6 is the year). If the listed code is 2746 (i.e., Oct 1, 2026) then the code on the package can be 274 or lower.

BAKED PRODUCTS

- BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 10-1-27
- Cookies and Crackers**
 - ALDI'S** Graham Crackers – 3-30-27
 - BLOOM'S** Cookies – always *yoshon*
 - KEMACH**
 - Crackers – always *yoshon*
 - Cookies:
 - Duplex – 07066
 - Oatmeal – TBD
 - Twist Top – TBD
 - Flatbread – TBD
 - Flatbread Crisps – TBD
 - LIEBER'S** Cookies and Crackers – TBD
 - OREOS** (USA, cookies only) – always *yoshon*
 - PAS** – with *yoshon* label only.
 - SHOPRITE/BOWL & BASKET** Graham Crackers – 3-30-27
 - STELLA D'ORO**
 - Breakfast treats, toast and biscotti – 3-30-27
 - Sponge Swiss Fudge Cookies – 1-29-27
 - 100 Calorie Packs – 5-29-27

3. DUNCAN HINES MIXES

- Cake Mixes and Brownies – always *yoshon*
- All other mixes – 10-1-27

4. Matza (including Matza Meal) – always yoshon

5. Pretzels (Hard)/Snacks

- BLOOM'S** – *yoshon* (malt may be *chodosh*) - TBD
- GOLDEN FLUFF** – always *yoshon*
- HADDAR** – with *yoshon* label only
- HERR'S** – 1-1-27
- KITOV** – 10-1-27
- LANDAU'S** – TBD
- LIEBER'S** – TBD
- NEW YORK PRETZELS** – 10-1-27
- PRINGLES** (some contain wheat) – code L6274
- ROLD GOLD PRETZELS** – always *yoshon* (except malt)
- SABRA PRETZELS** – always *yoshon* (except malt)
- SNACK FACTORY** – 10-1-27
- UTZ Honey Wheat Pretzels** – 2-1-27
- WISE**
 - .75 oz. & 1.75 oz – 2-18-27
 - 3.25 oz. – 1-17-27
 - 8.75 oz. – 12-25-26

6. Waffles & Pancakes

- EGGO Waffles and Pancakes:**
 - With oats – 12307
 - Just wheat – 07017
- EGGO Thick & Fluffy French Toast/Pancake Bites** (single-serve packets) – 12307
- KEMACH** Pancake Mix – *yoshon*
- PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – 12-15-27
 - Waffles – 12-15-27
 - Frozen:
 - Pancakes – 12-15-27
 - Waffles – 12-15-27

BAKING SPRAY WITH FLOUR (If there's no flour – no concern)

- BAKER'S JOY** and **CRISCO** – always *yoshon*
- PAM** – 10-1-28
- GLICKS** – always *yoshon*

BARLEY – all can be assumed yoshon until at least 10-15-26

- GEFEN** – always *yoshon*
- MANISCHEWITZ** – TBD
- QUAKER** – TBD
- UNGER** – always *yoshon*

BEER

SAM ADAMS: TBD. **ALL OTHER BEERS:** TBD

BREAD AND CORN FLAKE CRUMBS

- GEFEN** – always *yoshon*
- JASON** – always *yoshon*
- KELLOGG'S** (malt only) – TBD
- KINERET (Made in Israel)** – always *yoshon*
- LIEBER'S** – TBD
- KIKKOMAN PANKO** – 4-1-28
- B'GAN** – with *yoshon* label only



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CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains wheat, use 10-1-26).

1. **BARBARA**
 - Oats – 10-1-27
 - Wheat – 10-1-27
 - Original – 5-8-27
2. **CASCADIAN FARMS**
 - Granolas – 10-22-27
 - Other cold cereals – 10-22-27
3. **CREAM OF WHEAT** – 10-1-27
4. **GENERAL MILLS**
 - Oats – 10-21-27
 - Wheat – always *yoshon*
 - Barley – 10-1-27
5. **KASHI**
 - Oats – 10-1-27
 - Wheat – always *yoshon*
6. **KELLOGG'S** (if made in Europe always *yoshon*)
 - Oats – 10-1-27
 - Wheat – 10-1-27
 - Barley – 10-1-27
 - Malt – TBD
7. **KEMACH**
 - Whole Wheat Flakes, Cocoa Munchees, Cinnamon Bites – always *yoshon*
 - Corn Crisp, Bunch 'O Krunch – 9-10-27
 - Sugar Puffed Wheat – 9-1-27
 - Toasted Oats, Honey Nut Toasted Oats & Fruit Whirls – 8-20-27
8. **MALT-O-MEAL**

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

 - if contains only oats – 10-1-26 packing date
 - if contains only wheat – 10-1-26 packing date
 - if contains only barley – TBD
 - 9 mos from packing – Berry Colossal Crunch
 - 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
 - 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
 - 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
 - 18 mos from packing – Quick Rolled Oats
 - 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina
9. **NATURE VALLEY** – 10-1-27 (except if produced in S America)
10. **POST**
 - Oats – 9-15-27
 - Wheat – *yoshon*
 - Barley – 10-1-27
 - Malt – TBD
11. **QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]
 - Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 6-4-27
 - Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 6-4-27

- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – 7-4-27
 - Life, Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 10-4-27
 - Oats (Rolled, Instant, Old Fashioned) – 3-28-28
12. **SHOPRITE BOWL & BASKET**
 - Instant Oatmeal – 3-13-28
 - Cold Cereal – info not available
 13. **STOP & SHOP/GIANT**
 - Cereal
 - With oats – 10-1-27
 - With wheat – 10-1-27
 - Oatmeal – 10-1-27
 14. **TARGET GOOD & GATHER**
 - Instant Organic Oatmeal – 10-1-27
 15. **WALMART**
 - Quick Oats – 3-28-28
 - Bran Flakes – 10-1-27

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **GLICKS** – TBD
3. **KEMACH** – 0926H
4. **STREIT'S** – always *yoshon* unless labeled *chodosh*
5. **LIEBER'S** – TBD
6. **LA CHOY** – info not available

EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – always *yoshon*
2. **GOLDEN BOWL**
 - Won Ton Wraps – code TBD
 - Spring Roll Wrappers – 10-1-27
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – TBD
5. **WON TON FOOD Co** – code 10126 (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR – [DISCLAIMER: While dates shown are generally based on 12-mo. expiration codes, these can vary, as some mills may use 18-mo. codes. For whole wheat, they may go as low as 6-mos.]

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – 8-24-27
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul*) – 8-24-27; malt – TBD
 - **HECKERS** – always *yoshon* (malt TBD)
 - **KEMACH** – always *yoshon*
 - **KING ARTHUR** – 5lb bags 9-13-27, 50lb bags 9-13-26
 - **PILLSBURY** – 8-24-27
 - **SHOPRITE/BOWL & BASKET** – 2-20-28
 - **TARGET/MARKET PANTRY/GOOD & GATHER** – 8-24-27
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL** (all mills) – 2-10-27
 - **HECKERS** – always *yoshon* (malt TBD)
 - **KEMACH** – always *yoshon*



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- **KING ARTHUR** – 5lb bags 9-13-27, 50lb bags 9-13-26
- **PILLSBURY** – 8-24-27
- **TARGET/MARKET PANTRY/ GOOD & GATHER** – 2-18-27
- 3. **Bread Flour (High-Gluten Flour)**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul*) – 8-24-27; malt – TBD
 - **KEMACH** – always *yoshon*
 - **KING ARTHUR** – 5lb bags 9-13-27, 50lb bags 9-13-26
 - **PILLSBURY** – 8-24-27
 - **TRADER JOE'S** – 8-24-27
 - **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – 10-1-27 or 2746
3. **DR. PRAEGER'S**
 - Oats – 10-1-28
 - Wheat – 10-1-28
4. **FRENCH's French Fried Onions**: 10-1-28
5. **GOLDEN**
 - Blintzes – 10-1-28
 - Potato pancakes – always *yoshon*
6. **KOSHERRIFIC Fish Sticks** – always *yoshon*
7. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
8. **MEHADRIIN** Cookies & Cream Ice Cream – TBD
9. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
10. **SHINDLER'S Products** – always *yoshon*
11. **TOFUTTI** Cuties – 10-1-28 or 26274
12. **TRADER JOE'S Potato Pancakes** – always *yoshon*
13. **UNGAR'S Fish** – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY, JOY, KEMACH, SHOPRITE BOWL & BASKET, TRADER JOE'S, WALMART GREAT VALUE, WHOLE FOODS 365**

KISHKE

The following brands are currently *yoshon* until at least 10-15-26: **A&B, BENZ'S, MEAL MART, UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – 10-1-27
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – always *yoshon*
6. **SHNEIDER'S CANDY PLANET** – always *yoshon*
7. **SOUR PUNCH Twists** – always *yoshon*
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA (when manufactured in N. America; from EU – Turkey, Italy, etc – no concerns before 11-1-26)

1. **ALDI Pasta & Egg Noodles** – 9-9-28
2. **BARILLA**
 - ProteinPLUS Pasta – 9-9-28
 - Whole Grain – 3-9-28
 - Lasagna – 5-9-28
 - Other pastas and orzo – 5-9-29

3. **CALIFORNIA DELIGHT** – always *yoshon*
4. **EDEN** – with *yoshon* label
5. **ESSENTIAL EVERYDAY** – 9-9-28
6. **GEFEN** Ramen Noodles – TBD
7. **GIANT/STOP & SHOP** – 9-9-28
8. **GOODMAN'S**
 - Pasta – 9-9-29
 - Egg noodles – 9-9-29
9. **HODGSON MILLS Couscous** – TBD
10. **KEMACH**
 - Egg noodles – TBD
11. **MANISCHEWITZ** – 9-9-29 or 2539
12. **MOTHER'S** – code 2538
13. **SAN GIORGIO**
 - Egg Noodles – 9-9-28
 - Oven Ready Lasagna – 9-9-28
 - Pasta – 9-9-28
14. **NEAR EAST Couscous, Pilaf with Orzo** – 9-9-27
15. **NO YOLKS** – Egg: 9-9-28 | Non-Egg: 9-9-29
16. **PENNSYLVANIA DUTCH** Egg Noodles – 9-9-28
17. **RALPH'S** – 9-9-28
18. **SHOPRITE Bowl & Basket** – 9-9-28
19. **STREIT'S** – always *yoshon* (except chow mein)
20. **TRADER JOE'S Pasta** – 9-9-29 | Organic/Specialty Pasta – 9-9-28

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO Fillo Dough** – 10-1-27
2. **GEFEN** Pastry Dough – always *yoshon*
3. **GLICKS** Graham Cracker Pie Crusts – always *yoshon*
4. **KEEBLER** Pie Crusts – TBD
5. **KEMACH**
 - Graham Pie Crust – always *yoshon*
6. **MECHEL'S** – All *yoshon*
7. **MOTHER'S** Graham Cracker Pie Crust – TBD
8. **PEPPERIDGE FARM** – 10-1-27
9. **UNGER'S** Pastry Dough – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN** Noodle Soup Cup – with *yoshon* designation only
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – do not contain grain
 - Vegetable – 5-26-28
 - Minestrone – 5-4-28
4. **LIEBER'S** – TBD
5. **MANISCHEWITZ**
 - Noodle/Pasta – TBD
6. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
7. **STREIT'S** – always *yoshon*
8. **TRADITION** – 10-1-28

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
 2. **Malt, Tarragon, or Salad Vinegar** – TBD
- HEINZ**
- Malt vinegar – TBD
 - Tarragon and Salad – TBD