

Helpful list for the many who don't sell Chametz gamur.

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DISPOSE

- Beer, schnapps¹ (bourbon, scotch whiskey מ"שנ"ב תמ"ב סק"ד)
- Bread (bagels, Challah, Pizza, pita, wraps)
- Bread crumbs
- Breaded/coated Chicken or fish (fish sticks)
- Cakes, cookies, wafers, crackers, kichel, melba toast
- Cereals - most (not plain corn flakes and rice crispies)
- Chocolate coated cookies
- Coated eggplant
- Couscous
- Croutons
- Farfel
- Flour (all types) questionable if chametz gamur
- French fries -coated
- Gefilta fish – non pesach
- Granola bars (granola cereal/mix)
- Ice cream with chametz
- Kishka
- Licorice
- Matzoh, matzoh meal (non-Pesach)
- Matzoh ball mix (Chometz type)
- Oatmeal – all (instant, reg. baby)
- Onion rings (frozen & snack)
- Pancake, cake mixes
- Pastas - all
- Pretzels

- Rolled oats
- Sour sticks
- Soy sauce (usually has flour)
- Super snacks, bisli (non-pesach)
- Teriyaki sauce (usually has flour)
- Wheat germ
- Wheat thins
- Yeast – Real type (sour dough) Dry yeast is kitniyos

SELL

- Baby rice formula
- Bbq sauce (that doesn't contain flour or wheat)
- Candys that don't contain flour (most candys except licorice, sour sticks, covered mezonos etc.)
- Corn Flake cereal- plain³
- Corn flake crumbs² (not bread crumbs)
- Dips & salad dressings - all (unless they contain wheat, not flour, barley or oats)
- Dry yeast (kitniyos)
- Duck sauce
- French fries – non coated
- Ices & ice cream – non-pesach (with no flour)
- Instant puddings
- Ketchup, mustard, mayo. (All brands)
- Pearl barley (if didn't get wet), Some dispose
- Potato chips, corn chips
- Rice cakes (not wheat cakes)
- Rice crispies cereal- plain³

- Sodas (usually just kitniyos)
- Syrup for pancakes
- Vinegar (made in U.S.A.)

KEEP (but PUT AWAY)

- Baking powder
- Baking soda
- Beans -all raw (cholent mix etc.)
- Brown sugar
- Cloves (besamim)
- Coffee, Tea bags (all kinds)
- Dried fruits (not coated, e.g. mango, craisins. Apricots are often coated with flour)
- Frozen fruit (plain)
- Frozen vegetables (with no added chometz)
- Milk, orange juice, not certified for Pesach (but don't drink on Pesach)
- Nuts raw/roasted
- Oils (all, except wheat germ oil)
- Open bottles of wine, grape juice, lemon juice that were used during the year
- Peanut butter (unopened) (kitniyos)
- Popcorn kernels
- Poppy seeds (plain)
- Quinoa
- Rice -all (only plain)
- Sesame seeds (plain)
- Spices (all, unless contains flour in ingredients)
- Soy milk - plain

¹ If it will cause a **significant** loss, one may sell to a goy. Also, bottles may be given as a non-conditional present to a goy (e.g. cleaning help) and tell them "if you want

you can give it back as a present after Pesach, it's up to you..."

² Contains insignificant amount of Malt.

³ Even though they contain "malt" which is chometz, it is less than a *k'zayis* in the entire box, therefore it's ok to sell. (תמ"ב סק"א)