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❧ Showering on Yom Tov ❧

- One may not take a hot shower on Yom Tov.²⁸¹
- One who showers daily and feels very uncomfortable not showering on Yom Tov, or if one is very sweaty, they may wash their whole body at once in a cold²⁸² or warm shower on Yom Tov.²⁸³
- Rav Moshe Feinstein says that warm water means a temperature lower than a normal hot shower that most people take during the week (not the temperature that the individual normally uses).²⁸⁴
- Some poskim say under 98.6 degrees Fahrenheit is considered warm water.²⁸⁵ Other poskim say warm water means that it is not enjoyable, meaning just warm enough to remove the chill from the water.²⁸⁶

281. Shulchan Aruch 511:2. See Bathing and Showering in Halachah pg 81-96

282. Igros Moshe O.C. Vol 4, 74 and Shemiras Shabbos Ki'hilchasa 14:11 regarding showering in cold water even on Shabbos.

283. Bathing and Showering in Halacha pg 110 quoting many poskim including Rav Moshe Feinstein, Rav Shlomo Zalman Auerbach, Rav Chaim Pinchus Sheinberg, Rav Herschel Schechter, and many others. See Beis Meir Y.D 197:3 quoted by Shar Hatzion 511:25. Also see Da'as Torah 511:2, Aruch Hashulchan 511:6; Shu't Rav Akiva Eiger vol 1, 17 and Piskei Teshuvos 511:46.

284. Igros Moshe O.C. Vol 4, 74

285. Ohr Litzion Vol 2 35:3

286. Rav Nissim Karelitz in Chut Shuni Niddah 197:4

- Some say one should initially turn the handle to a hot setting and then cool the water until it reaches the desired, warm temperature.²⁸⁷
- Some poskim recommend washing parts of one's body separately, limb by limb and not putting one's whole body under the shower head at once.²⁸⁸
- Some say one may wash less than half of their body in **hot** water, dry themselves, and immediately wash more of themselves.²⁸⁹
- Children (approximately aged six and under) may be bathed in **hot** water on Yom Tov, if needed, in the following way:
 - ◆ An adult should turn on the hot water in order to wash their hands or face and then leave the water running for the child's bath.²⁹⁰
- Bar soap may not be used on Yom Tov.²⁹¹
- Liquid soap and shampoo may be used as long as it is liquidy.²⁹²

287. Bathing and Showering in Halacha pg 111

288. Bathing and Showering in Halacha pg 111 quoting Rav Shmuel Kamenetzky and see Mishnah Berurah 511:18

289. Bathing and Showering in Halacha pg 103 quoting Rav Shmuel Kamenetsky and see Biur Halacha 511 s.v Aval. Some suggest wearing a rubber glove when showering this way. See Shabbos Shlomo 20:47

290. Rav Moshe Feinstein in Mesores Moshe vol 3, pg 146

291. See Mishnah Berurah 326:30

292. Rav Chaim Kanievsky in Ma'aseh Ish vol 2, pg 105 and Shemiras Shabbos Ki'hilchasa 14:18 and Aruch Hashulchan 326:11

- One should dilute the liquid soap if necessary, in order to get it to a consistency that when poured on a flat surface it begins to spread.
- One may not use a loofah when showering on Yom Tov.²⁹³
- One may not touch their hair in order to intentionally squeeze or shake out water from it.
- Some poskim allow one to use shampoo as usual by rubbing the shampoo into one's wet hair.²⁹⁴
- Some poskim say this is not allowed²⁹⁵ and therefore:
 - ◆ One can either put the shampoo in their hair before it is wet or one can wet their hair and then pour the shampoo directly onto their hair without rubbing it in, and in both cases let the water wash the shampoo away without touching one's hair.
- After showering, one must be careful to avoid intentionally wringing out their hair.²⁹⁶
- Some poskim permit drying wet hair with a towel on Yom Tov in the normal fashion.²⁹⁷ However, some poskim say that one may only dry their hair if they

293. Shemiras Shabbos Ki'hilchasa 14:13

294. Bathing and Showering in Halacha pg 48 quoting Shemiras Shabbos Ki'hilchasa 14:1 and Igros Moshe O.C. vol 1, 133 and see Mishnah Berurah 326:25

295. Shevet Halevi vol 5, 25

296. Mishnah Berurah 326:25

297. Rav Shlomo Zalman Auerbach in Shemiras Shabbos Ki'hilchasa 14:66 and see Mishnah Berurah 301:174

are careful to not strongly press the towel against their hair.²⁹⁸

- One may dry their body with a towel, and not be concerned about wringing out water from their body hair.²⁹⁹
- A towel may be used as long as it does not get saturated to the point that using it squeezes out water.
- A woman should be careful not to wring out her hair after showering. Therefore, it is recommended that she wear a shower cap so her hair does not get wet. If a woman needs to wash her hair on Yom Tov, then she should either dry her hair with a towel (as usual or according to some poskim only pat her hair gently), or wrap a towel around her head.³⁰⁰



298. Rav Elyashiv in Orchos Shabbos 13:89

299. Orchos Rabbeinu Vol 1, pg 287 and Shabbos Shlomo 20:16 and see Mishnah Berurah 301:174

300. See Bathing and Showering in Halacha pg 46